

OFF THE WHEATEN TRACK PRICE LIST



FRESHLY MADE SAVOURY PRODUCTS		PRICE	
INDIVIDUAL CHEESE & ONION PIE (d)	£	4.00	
INDIVIDUAL MEAT & POTATO PIE	£	4.95	
INDIVIDUAL CHICKEN & MUSHROOM PIE (s)	£	4.95	
INDIVIDUAL LEEK & MUSHROOM PIE (vg)	£	4.00	
INDIVIDUAL LAMB & ROSEMARY PIE	£	5.25	
INDIVIDUAL CARABBEAN JACKFRUIT PIE (vg)	£	4.00	
INDIVIDUAL BLUE CHEESE & MUSHROOM QUICHE (d)	£	4.00	
INDIVIDUAL CHEESE & SUNDRIED TOMATO QUICHE (d)	£	4.00	
INDIVIDUAL HAM & BROCCOLI QUICHE (d)	£	4.00	
INDIVIDUAL VEGAN QUICHE (vg)	£	4.00	
FAMILY CHEESE & ONION PIE (d)	£	18.00	
FAMILY MEAT & POTATO PIE	£	20.00	
FAMILY CHICKEN & MUSHROOM PIE (s)	£	20.00	
FAMILY LAMB & ROSEMARY PIE	£	22.00	
FAMILY LEEK & MUSHROOM PIE (vg)	£	18.00	
FAMILY BLUE CHEESE & MUSHROOM QUICHE (d)	£	18.00	
FAMILY CHEESE & SUNDRIED TOMATO QUICHE (d)	£	18.00	
FAMILY HAM & BROCCOLI QUICHE (d)	£	18.00	
FAMILY VEGAN QUICHE (vg)	£	18.00	
FAMILY CARIBBEAN JACKFRUIT PIE (vg)	£	18.00	
POTATO CAKES (4 PACK) (vg)	£	2.00	
CHEESY POTATO CAKES (2 PACK)	£	2.00	
SCOTCH EGG (2 PACK)	£	5.00	
SCOTCH EGG SINGLE	£	3.00	
HOUSE MADE PICCALILLI (SMALL DELI TUB) (vg)	£	1.75	
HOUSE MADE PICCALILLI (LARGE DELI TUB) (vg)	£	2.75	
HOUSE MADE APPLE & PEAR CHUTNEY (SMALL TUB) (vg)	£	1.75	
HOUSE MADE APPLE & PEAR CHUTNEY (LARGE TUB) (vg)	£	2.75	
HOUSE MADE BAKED BEANS	£	1.95	
FRESHLY MADE SWEET PRODUCTS			PER SLICE
WHOLE APPLE PIE	£	12.00	£ 3.00
WHOLE LEMON DRIZZLE	£	10.00	£ 3.50
WHOLE BAKEWELL TART (n)	£	18.00	£ 3.50
WHOLE BANANA BREAD	£	15.00	£ 3.00
WHOLE BLUEBERRY CAKE (vg)	£	15.00	£ 3.50
TRAY BROWNIES (approx 9 portions)	£	10.00	£ 3.50
WHOLE PINEAPPLE UPSIDE DOWN CAKE (vg)	£	12.00	£ 3.50
WHOLE ORANGE CAKE (n)	£	30.00	£ 3.50
WHOLE AL'S APPLE CAKE (n)	£	20.00	£ 3.50
WHOLE CHOCOLATE FUDGE CAKE	£	30.00	£ 3.50
WHOLE LEMON MERINGUE	£	20.00	£ 3.50
WHOLE VICTORIA SPONGE WITH STRAWBERRIES & CREAM (d)	£	25.00	£ 3.50
WHOLE JAFFA CAKE, CAKE	£	30.00	£ 3.50
WHOLE DATE & WALNUT CAKE (n)	£	15.00	£ 3.50
TRAY FLAPJACKS (vg) (approx 9 portions)	£	10.00	£ 3.00
TRAY GRANOLA (vg) (n) (approx 9 portions)	£	12.00	£ 3.00
PLEASE NOTE INDIVIDUAL CAKE SLICES WILL BE SUBJECT TO AVAILABILITY			
CHEESE COUNTER (subject to availability)		per 100g	
Baron Bigod Brie (cows)	£	3.00	
Delice De Bourgogne (cows)	£	2.95	
Charcoal Cheddar (cows)	£	2.65	
Hafod Cheddar (cows)	£	2.85	
Black Bomber Cheddar (cows)	£	2.65	
Just Jane Cheddar	£	3.00	
Mrs Bournes Mature Cheshire (cows)	£	2.65	
Mrs Kirkhams Lancashire	£	2.95	
Manchego (sheep)	£	2.75	
Pecorina with Truffle	£	4.25	
Mrs Bournes Blue Cheshire	£	2.75	
Burts Blue	£	3.50	

Young Buck Blue	£	2.00	
Montanolo Blue	£	3.00	
Buffalo Mozzarella (125g)	£	2.60	
Burts Blue Truckle	£	5.00	
Drunken Burts Truckle	£	5.00	
Ricotta (250g)	£	2.25	
Hebdon Goats Cheese (truckle)	£	6.90	
Sinodin Hill Goats (whole)	£	8.50	
Yorkshire Squeaky Cheese (200g) Truckle - Chilli or Plain	£	4.00	
Quince Jelly	£	2.00	
SWEET TREATS & SNACKS			
AGAINST THE GRAIN COOKIES (various flavours)	£	3.50	
OOH LA LA COOKIES (various flavours)	£	3.25	
PREWETTS JAMMY WHEELS	£	3.50	
DIRTY COW CHOCOLATE (80g) (various flavours)	£	4.75	
BOOJA TRUFFLES (2 PIECES)	£	1.30	
JEALOUS SWEETS	£	1.25	
ANANDAS GOURMET MARSHMELLOWS	£	2.85	
MOO FREE CHOCOLATE BARS	£	0.95	
NAIRNS OAT BARS (various flavours)	£	1.00	
SEPH & JO POPCORN	£	1.00	
PIPERS CRISPS (150g)	£	2.50	
PIPERS CRISPS (40g)	£	1.00	
OILS & VINEGARS			
ROVEGLIO ORGANICE OLIVE OIL	£	8.50	
YALLO RAPESEED OIL (500ml)	£	4.00	
RAYNORS ORGANIC APPLE CIDER VINEGAR WITH MOTHER	£	3.50	
PASTA/ RISOTTO & SAUCES			
NOWT PONSY 350g (various flavours)	£	3.50	
THORNLEYS MIX (various flavours)	£	2.20	
COOKS & CO RISOTTO MIX	£	2.95	
FREE & EASY BEAN CASSOULET	£	2.95	
PASTA (FUSILLI/SPAGHETTI/PENNE/LASAGNE SHEETS)	£	2.95	
FISH			
TROUT IN PICKLED SAUCE (90g)	£	5.90	
MACKEREL IN OIL (125g)	£	5.45	
SARDINES (Flavours tomato or lemon (125g)	£	5.45	
TUNA IN OLIVE OIL OR FENNEL	£	3.90	
TUNA OR MACKEREL PATE (75g) (various flavours)	£	3.50	
ACCOMPANIMENTS			
MRS DARLINGTONS JAMS, MARMALADE & CURDS (various flavours)	£	2.75	
MRS DARLINGTONS AUTUMN FRUIT CHUTNEY	£	2.75	
MRS DARLINGTONS BROWN SAUCE	£	2.25	
MRS DARLINGTONS KETCHUP	£	2.25	
MRS DARLINGTONS BABY ONIONS	£	2.95	
MRS DARLINGTONS TEWKESBURY MUSTARD	£	2.65	
MRS DARLINGTONS HOLLANDAISE SAUCE	£	3.00	
MRS DARLINGTONS MINT SAUCE	£	2.65	
MRS DARLINGTONS DIJON MUSTARD	£	2.65	
MRS DARLINGTONS RED CABBAGE	£	2.65	
MRS DARLINGTONS TARTARE SAUCE	£	2.65	
MRS DARLINGTONS HORSERADISH SAUCE	£	2.65	
SINGLE VARIETY CHILLI JAMS (various flavours)	£	4.95	
LOVING FOODS KIMCHI (various flavours)	£	6.95	
LOVING FOODS SAURKRAUT (various flavours)	£	6.95	
POTS & CO HUMMUS (various flavours)	£	2.95	
FROZEN			
MASH DIRECT ONION RINGS	£	2.50	
CAULIFLOWER GRATIN (vg)	£	2.50	
CAULIFLOWER BITES	£	2.50	
JACOBS FINEST FALAFAL	£	2.95	
SUMMER MEADOW ICE CREAM 225ML TUB (various flavours)	£	3.00	

SUMMER MEADOW ICE CREAM 500ML TUB (various flavours)	£	4.85	
BOOJA DAIRY FREE ICE CREAM (110ML) (various flavours)	£	2.25	
BOOJA DAIRY FREE ICE CREAM (500ML) (various flavours)	£	4.95	
WHITE RABBIT PIZZA (various flavours)	£	5.25	
VEGAN			
TINNED JACKFRUIT	£	2.25	
VEGAN PATE	£	2.95	
DAIRY FREE MAYO	£	2.75	
DAIRY FREE GARLIC MAYO	£	3.00	
CARIBBEAN JACKFRUIT MIX	£	3.95	
ANTIPASTI			
COOKS & CO VINE LEAVES	£	3.50	
COOKS & CO SWEET DROP PEPPERS	£	3.00	
POTS & CO HUMMUS	£	3.75	
OLOVO OLIVE SNACKES (30g)	£	1.00	
TRADITIONAL SPANISH SMOKED CHORIZO (200g)	£	3.15	
BREAD/BUNS & BAGELS			
GRADZ BREAD	£	3.95	
GF BAKERY BOSS BAGELS	£	5.20	
GF BAKERY BURGER BUNS	£	4.90	
GF BAKERY SOUR DOUGH BREADS	£	4.50	
EASY BEAN CRACKERS (various flavours)	£	3.45	
FOODS OF ATHENRY CRACKERS (rosemary or cranberry)	£	3.95	
ANGELIC ROSEMARY & SEASALT CRACKERS	£	3.50	
CEREALS & DRIED FRUIT			
MUSELI	£	4.95	
DRIED CRANBERRIES	£	2.00	
DRIED BANANA CHIPS	£	2.00	
DRINKS			
MANCOCO CAFFETIERE COFFEE (250g)	£	6.50	
ORANGE JUICE	£	2.00	
SAN PELLIGRINO	£	1.50	
AQUA PANNA	£	1.00	
KOMBUCHA (various flavours)	£	2.95	
420 CBD DRINKS	£	2.75	
LOVELY DRINKS (various flavours)	£	2.25	
DUNHAM MASSEY APPLE JUICE (small)	£	2.50	
FITZPATRICKS CORDIALS (various flavours)	£	4.75	
FIRST CHOP CANS (various flavours)	£	3.00	
DUNHAM MASSEY CIDER	£	4.00	
MIRROR LAKE SB	£	12.00	
FALSE BAY CHARDONNAY	£	8.95	
PETIT CHABLIS BROCARD	£	15.95	
SANCERRE	£	18.00	
CHATEAU ARGADEN	£	13.95	
FALSE BAY SYAH	£	8.95	
FINCA ALTA MALBEC	£	9.50	
CASTELL CAVA	£	12.50	
AMORI PROSCECCO	£	14.99	
GRAND MARC SAUMUR	£	14.00	
NUTS/SEEDS/HERBS & SPICES			
ALMONDS FLAKES (100g)	£	1.50	
CHIA SEEDS (200g)	£	2.50	
HERBS & SPICES (ask about available options (30g herbs/50g spices)	£	1.00	
PECANS (150g)	£	2.85	
PEPPERCORNS BLACK WHOLE (50g)	£	1.00	

PINENUTS 100g)	£	3.65	
POPPY SEEDS (100g)	£	1.00	
PUMPKIN SEEDS (100g)	£	1.00	
SALT (200g)	£	3.00	
SUNFLOWER SEEDS (100g)	£	1.00	
WALNUTS HALVES (150g)	£	2.20	
FLOURS & INGREDIENTS			
ALMOND FLOUR (200g)	£	2.80	
BREAD FLOUR (1kg)	£	2.20	
BROWN RICE FLOUR (1kg)	£	2.75	
GF BAKERY BREAD MIX (various flavours)	£	3.99	
GRAM FLOUR (500g)	£	1.95	
HALF DOZEN FREE RANGE EGGS (medium)	£	1.60	
DOZEN FREE RANGE EGGS (medium)	£	3.00	
PLAIN FLOUR (1kg)	£	2.75	
SELF RAISING FLOUR (1kg)	£	2.20	
AFTERNOON TEA AVAILABLE FOR DELIVERY OR PICK UP (priced per person) 4 X finger sandwiches (cheese & piccalilli & tuna mayo), 1 x quiche, 1 x mini bakewell tart, 1 x mini lemon drizzle loaf, 1 x Viennese Twirl with jam & cream	£	12.50	
Add mini bottle of prosccecco (200ml)	£	7.50	
DELIVERY ORDERS BY EMAIL ONLY – offthewheatentrackdeli@gmail.com DELIVERY DAY FRIDAY FREE LOCAL DELIVERY FOR ORDERS OVER £20. (MANCHESTER & CHESHIRE AREAS)			